

SUPPORTING AND DEVELOPING COMMITTED RUNNERS

JOIN THE

VUW RUNNING HUB



“It’s very motivating to feel like you are backed by a community. It’s something I haven’t seen before in my other experiences with the sport.”

Running Hub Member 2024

VUW Running Hub

The VUW Running Hub supports university student runners by providing a community and a development programme that complements individual training plans and club commitments.

In partnership with Athletics Wellington and the VUW Athletics Club, the Hub offers workshop opportunities on nutrition, mental health, strength training, and more. Participants get to hear from inspirational speakers and running experts, while attending regular Hub training sessions alongside other like-minded, committed runners.

We are excited to continue growing this inclusive and supportive network for student runners.

Find out more and apply:





VUW Athletics Club

The running, track, and field club for all students on campus, catering for all abilities and experience. From casual running to national champions with community approach. VUWAC do it all!

Find out more via the website:

<https://vuwathletics.wordpress.com/>



Where to run?

Wellington has an abundance of sensational routes often accompanied by jaw-dropping views or beautiful bays with the university ideally located for students to make the most of them. Boyd-Wilson Field is a 342m artificial turf on campus and Newtown Athletic Stadium is also located 5km from the Kelburn campus. University Recreation has an on-campus gym with Precor cardio machines which include virtual reality on those wet and windy days.



Athlete Support Network

Performance runners can access athlete support services to help manage the challenge of juggling competitive sports and study.

All student runners are encouraged to join our Student Athlete Network to meet others, access support, and stay in touch with updates.

Roger Robinson Scholarship

Established by Roger Robinson, this scholarship is open to all students who are intending to enroll, or are already enrolled, in an undergraduate degree at VUW. This scholarship is to assist competitive runners, in distances of 800m or longer, to succeed both academically and in their sport.

WWW.WGTN.AC.NZ/RECREATION/SPORTS/ATHLETE-SUPPORT

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