



PAPER OUTLINE 2014

Paper Code & Title: NZSM 522 *Music Therapy Methods*
Trimester: 1 **Year:** 2014
CRN: 14293 **Campus:** NZSM - Massey Mt Cook
Points: 30
Prerequisites: NZSM 520
Corequisites: NZSM 520
Restrictions: 133.798

Important dates: Trimester dates: 3 March–2 July 2014
Teaching dates: 3 March–6 June 2014
Mid-trimester break: 18 April–4 May 2014

Last assessment item due: Individual Examinations 16th and 17th June 2014
Study week: 9–13 June 2014
Examination/Assessment Period: 13 June–2 July 2014
(where applicable) *NB: For courses with exams, students must be available to attend the exam at any time during this period.*

Withdrawal date: 14 March 2014
*Refer to www.victoria.ac.nz/students/study/withdrawals-refunds
If you cannot complete an assignment or sit a test or examination, refer to
www.victoria.ac.nz/students/study/exams/aegrotats*

Class times & locations: Monday, 9:00-11.50am and 1.00-2.50pm (Room MUW1D11)
Tuesday, 9:00am–11:50am (Room MUW1D11)

NAMES AND CONTACT DETAILS

Course Coordinator: Daphne Rickson
Contact phone: 463 5233 ext 35808 **Email:** daphne.rickson@nzsm.ac.nz
Office located at: Room 1D11, Mt Cook Campus
Office hours: Thursday 1-5pm

Other staff member(s): Associate Professor Sarah Hoskyns
Contact phone: 04 4635233 x35807 **Email:** Sarah.Hoskyns@nzsm.ac.nz
Office(s) located at: 1D11

Tutors: Penny Warren **Email:** Pennywarren@clear.net.nz
Programme Administrator: Berys Cuncannon **Email:** berys.cuncannon@nzsm.ac.nz

COMMUNICATION OF ADDITIONAL INFORMATION

Official notices issued after the paper has commenced will be posted on the board outside the NZSM office on the Mt Cook campus. Notices concerning a number of papers will also be posted on Blackboard. The Course Coordinator will specify if Blackboard will be used.

PRESCRIPTION

Preparation and performance of appropriate repertoire with technical and musical mastery in situations relevant to music therapy. Improvisation styles, development of the voice for the music therapy context and receptive music therapy methods. Course coordinator: Daphne Rickson. Email: daphne.rickson@nzsm.ac.nz.

PAPER LEARNING OBJECTIVES

Students who have successfully completed this paper will:

1. select, create and improvise performance material to advance therapeutic relationships
2. practise as competent, ethical and clinically safe student music therapist in a pre-practicum setting
3. develop clinical skills to work with clients of various age groups and needs areas to achieve therapeutic outcomes for individual and/ or groups either within a multidisciplinary health/education team or in carrying out a particular music therapy programme
4. understand developmental, cognitive and psychodynamic theories in music therapy
5. apply insights and new learning to their own music therapy practice, and evaluate and reflect upon the process and effects
6. perform music, and involve clients, in a variety of therapeutic situations at an appropriate standard on their chosen instrument and demonstrate competence on other instruments, including voice, keyboard, and guitar.

These learning objectives contribute to the NZSM Graduate Attributes. For a full list, please see www.nzsm.ac.nz/study-here/graduate-attributes

TEACHING FORMAT

This course comprises one 3-hour lecture followed by one 2-hour lecture on Mondays, and one 3-hour lecture on Tuesdays each teaching week.

See attached course syllabus for more information.

MANDATORY PAPER REQUIREMENTS

In addition to achieving an overall pass mark of 50%, students must:

- a) complete each item of assessment worth at least 10% specified for this course (subject to penalties for late submission of work)
- b) attend at least 80% of lectures and 80% of tutorials (if relevant) related to this course.

If for health reasons you are unable to complete all the work required for assessment purposes for this paper by 2 July, you may, on presentation of a medical certificate, have the date for submission extended by the Director, NZSM.

WORKLOAD

A 30-point one-trimester paper should require at least 300 hours work (including class time). This means that in term time, the midterm break and study week you should be prepared to spend on average 20 hours per week involved in activities such as attending classes, reading, listening to recommended recordings and preparing assignments.

ASSESSMENT

Approved assessment regime

The following assessment regime for this paper has been approved by the NZSM Academic Committee:

Assessment will include four clinical music therapy competency demonstrations increasing in complexity, plus a final examination. Each assessment has aspects that relate to all learning outcomes (1-6).

The assessments will take place on 17th March, 31st March, 14th April and 12th May. A written music therapy session outline up to 1000 words relevant to requirements must be presented by 5pm the day prior to each assessment presentation. Students will demonstrate competency in choosing, adapting and facilitating music to meet the needs of a specified music therapy participant (Full details of assessments will be provided on the first day of class). Each demonstration is worth 12.5%, and all four total 50%, of the final grade. Presentations will be internally examined and moderated.

The final examination is a comprehensive pre-practicum audition (LOs 1-6) and interview (LOs 2, 4, 5). Examinations will take place in the week beginning 16th June. Each student must hand in a portfolio of music for music therapy (at least 30 pieces), by 5pm the day prior to their examination (audition/interview). In addition, using their own improvisation diaries as a resource, students will be required to write a short paper (approximately 1000 words) describing their personal journey through the group improvisation process. This is also to be handed in at 5pm the day prior to their examination (audition and interview). Students will demonstrate competence and readiness to enter their first music therapy practicum (Full details will be provided on the first day of class). The audition is worth 30% of total paper grade (students must achieve 15/30 to pass) and the interview is worth 20% of total paper grade (students must achieve 10/20 to pass). This assessment will therefore total 50% of the final grade. This audition/interview will be internally and externally examined, and internally moderated.

Assessment details for this offering

<i>Assessment items and workload per item</i>	<i>Word length / duration</i>	<i>Learning objective(s)</i>	<i>Due date</i>	<i>%</i>
Demonstration 1: Focus on child	30-45 mins	1-6	17/3/2014	12.5
Demonstration 2: Focus on adolescents	30-45 mins	1-6	31/03/2014	12.5
Demonstration 3: Focus on adults	30-45 mins	1-6	14/4/2014	12.5
Demonstration 4: Focus on older adults	30-45 mins	1-6	12/05/2014	12.5
Final Exam: Audition and Interview	45 mins	1-6	16/06/2014 17/06/2014	50

SUBMISSION AND RETURN OF WORK

Assignments should be deposited by email to lecturer: Penny.warren@clear.net.nz. Marked assignments will be returned by email or directly to students in 1D11.

NB: This course is moderated, so all students are requested to retain all marked assessment items in the event that they are required at the end of the course.

EXTENSIONS AND PENALTIES

Assignments must be submitted by the due dates. In fairness to other students, unless a medical certificate is produced, assessment submitted after 5pm on the due date will be subject to a 5% demerit on your grade, increasing by 5% each further working day it is overdue.

Students, who for exceptional reasons can justify an extension for an item of assessment, must apply to the Course Coordinator *before* the due date. Please note that no extensions can be granted for tutorial assignments.

SCALING OF GRADES

To obtain a fair distribution of marks relative to assignment difficulty, scaling may be employed on some or all assessment items in accordance with guidelines set out in the VUW Assessment Handbook 2014: www.victoria.ac.nz/documents/policy/staff-policy/assessment-handbook.pdf

MATERIALS AND EQUIPMENT

Set texts:

There are no set texts. Recommendations will be made for individual students according to need.

Recommended reading:

Carroll, D., & Lefebvre, C. (2013). Clinical improvisation techniques in music therapy: a guide for students, clinicians and educators. Springfield, Illinois: Charles C. Thomas Ltd.

Gardstrom, S. C. (2007). Music Therapy Improvisation for Groups: Essential Leaderships Competencies. Gilsum, N.H., Barcelona.

Wheeler, B.L., Shultis, C.L., Polen, D.W. (2005) Clinical training guide for the student music therapist. Gilsum, N.H., Barcelona.

Wigram, T. (2004). Improvisation: Methods and Techniques for Music Therapy Clinicians, Educators and Students. London, Jessica Kingsley Publishers.

Materials and equipment:

You will need:

- A folder in which to store your portfolio of (at least) 30 pieces of music suitable for particular music therapy scenarios.
 - A folder for general class notes
 - Notepaper, manuscript paper, and pens
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- A notebook (diary) for recording descriptions and impressions of music therapy improvisations

CLASS REPRESENTATIVE

Class representatives for the NZSM are elected in the first week of the trimester, and their names and contact details will be available to VUWSA and/or MaWSA, the Course Coordinator and to each class. You can find out more information on Class Representatives on the VUWSA website (www.vuwsa.org.nz) or MaWSA website (www.mawsa.org.nz)

Students may like to write the Class Rep's name and details in this box:

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STUDENT FEEDBACK

Student feedback on University courses may be found at www.cad.vuw.ac.nz/feedback/feedback_display.php

HUMAN ETHICS GUIDELINES

Any student assessment or project at any level that involves human subjects (including the documenting, interviewing and recording of information from people) must follow ethics guidelines. For courses in Music Therapy, students must follow Massey University Ethics guidelines. For all other courses, students must follow VUW Ethics Guidelines. For information and assistance as it relates to your course, consult first with your Course Coordinator. Guidelines are given at:

- www.victoria.ac.nz/documents/policy/research-policy/human-ethics-policy.pdf
- www.massey.ac.nz/massey/research/research-ethics/human-ethics

OTHER IMPORTANT INFORMATION

The information above is specific to this course. There is other important information that students must familiarise themselves with, including:

- **Academic Integrity and Plagiarism:** www.victoria.ac.nz/students/study/exams/integrity-plagiarism. Find out more about plagiarism, how to avoid it and penalties on the NZSM website: www.nzsm.ac.nz/student-zone/student-guides
- **Aegrotats:** www.victoria.ac.nz/students/study/exams/aegrotats
- **Academic Progress** (including restrictions and non-engagement): www.victoria.ac.nz/students/study/progress/academic-progress
- **Dates and deadlines:** www.victoria.ac.nz/home/study/dates
- **FHSS Student and Academic Services Office:** www.victoria.ac.nz/fhss/student-admin
- **Grades:** www.victoria.ac.nz/students/study/progress/grades
- **Resolving academic issues:** www.victoria.ac.nz/about/governance/dvc-academic/documents/grievances.pdf
- **Special passes:** www.victoria.ac.nz/about/governance/dvc-academic/publications
- **Statutes and policies including the Student Conduct Statute:** www.victoria.ac.nz/about/governance/strategy/academic-policies
- **Student support:** www.victoria.ac.nz/students/support
- **Students with disabilities:** www.victoria.ac.nz/st_services/disability OR www.massey.ac.nz/massey/student-life/services-and-resources/disability-services/disability-services_home.cfm
- **Student Charter:** www.victoria.ac.nz/study/apply-enrol/terms-conditions/student-charter
- **Student Contract:** www.victoria.ac.nz/study/apply-enrol/terms-conditions/student-contract
- **Subject Librarians:** library.victoria.ac.nz/library/resources/subjectcontacts.html AND www.massey.ac.nz/massey/research/library/about-us/addresses-and-staff/sections/information-research-services.cfm
- **Turnitin:** www.cad.vuw.ac.nz/wiki/index.php/Turnitin
- **University structure:** www.victoria.ac.nz/about/governance/structure OR www.massey.ac.nz/massey/home.cfm
- **NZSM Student Handbook:** www.nzsm.ac.nz/student-zone/student-guides
- **Scholarships and prizes relevant to NZSM students:** www.nzsm.ac.nz/student-zone/scholarships-and-prizes
- **Your grades, academic profile, timetable, etc.:** my.vuw.ac.nz

GENERAL NZSM POLICIES AND STATUTES

Students should familiarise themselves with the NZSM's policies and statutes, especially those regarding Personal Courses of Study, Academic Grievances, Staff and Student Conduct. Please see www.nzsm.ac.nz/student-zone/student-guides

For any statutes relating to the particular qualifications being studied, see either the Massey University Calendar or the Victoria University of Wellington Calendar.

Information about Student Services, including Academic Mentoring for Māori and Pasifika Students, and support for Students with Disabilities, is to be found in the NZSM Student Handbook (available at www.nzsm.ac.nz/student-zone/student-guides or in hard copy from the NZSM offices on each campus).

EVENTS

Regular events are held during trimesters 1 & 2 at all NZSM campuses. These events are for the benefit of all students, and include performances, masterclasses, special lectures and workshops given by staff, students and visiting artists. All students are expected to keep time free to attend the weekly lunchtime concert on Friday at 12.10pm, along with other events as required. Music Forum will take place every Friday from 3:10pm-4:30pm. It will normally take place in the ACR, Kelburn Campus.

Students should sign up to the **Dawn Chorus**, the NZSM's events e-newsletter, by emailing events@nzsm.ac.nz with 'subscribe dawn chorus' in the subject line.

Events & Marketing Coordinator: Stephen Gibbs

Phone: (04) 463 4766 **Email:** stephen.gibbs@nzsm.ac.nz

Website: www.nzsm.ac.nz/events