



Finding your own unadvertised internship or work experience

USE A DIRECT OR NETWORKED APPROACH TO FIND AN INTERNSHIP

- ✓ Think about your degree, interests, and what experience you want to develop.
- ✓ Brainstorm or mind map what connections you have - could you intern at a place you are already connected with?
- ✓ Use LinkedIn for inspiration and connection.
- ✓ Network with people and conduct information interviews to find out more about their work. If appropriate ask about future work possibilities like internships.

OTHER GREAT OPTIONS FOR GETTING WORK EXPERIENCE

- ✓ **Do a course that includes a research project or organisation case studies.**
These can still give you that valuable employer perspective.
- ✓ **Volunteer! Find a flexible role that links to your interests or studies.**
Join the Wellington Plus Programme and check out volunteer websites like Volunteer Wellington and Do Good Jobs.
- ✓ **Make the most of your part-time work!**
Could you expand or diversity your part-time work. For example offer to do the social media for the shop or cafe you work in.



Useful links

- [Watch the networking skills video series](#)
- [Get ideas for degree related networking and volunteering](#)
- [Attend networking workshops](#)
- [Get personalised support](#)