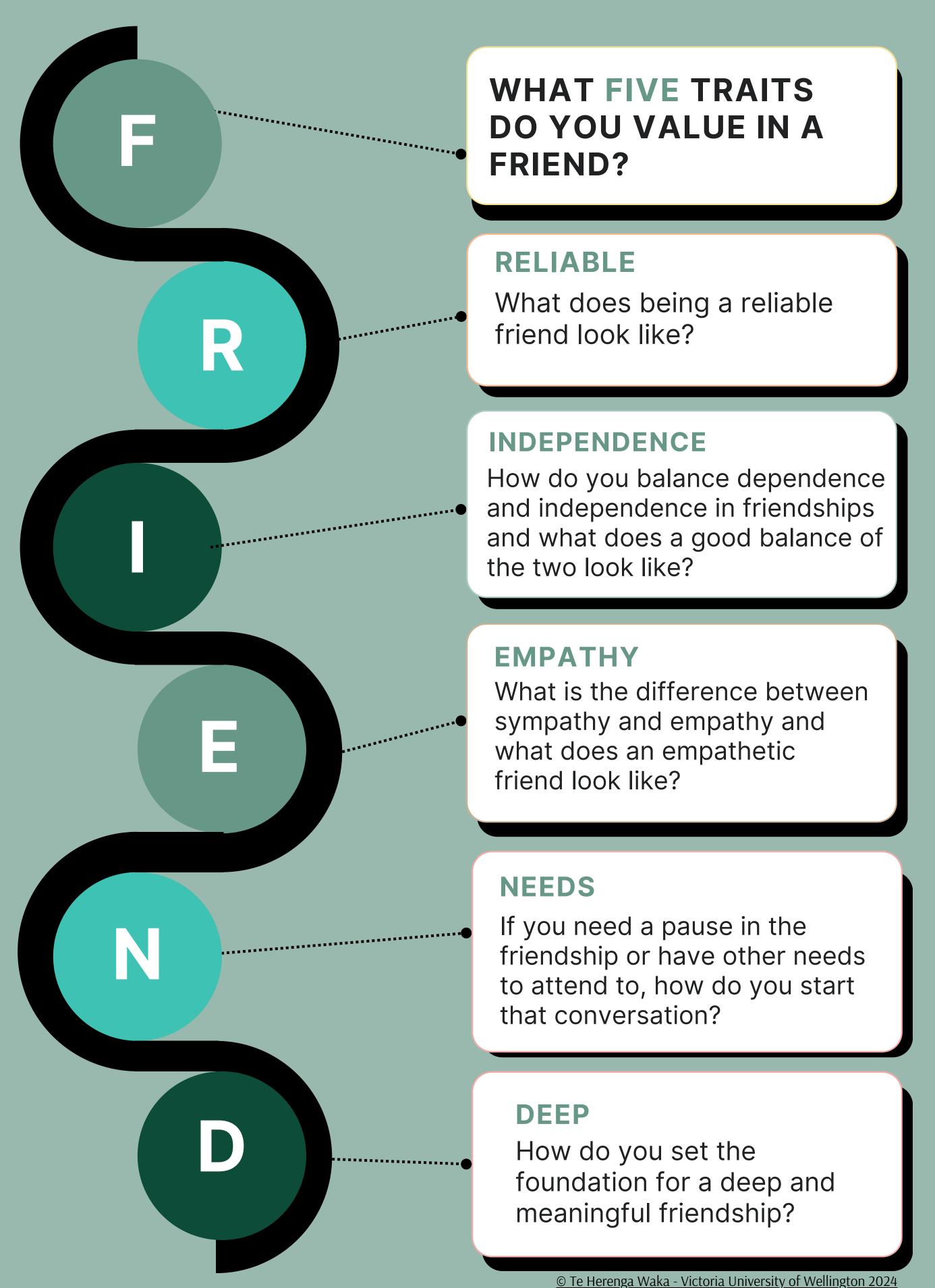
ACTIVITY



INSTRUCTION SHEET

This activity was developed to be run in peer groups.

Splitting people in to groups of three, each person has a turn asking one of the questions and opening up the floor to discussion.

Alternatively, you could have each of the questions written on A3 pieces of paper around the room and get students in groups of three to rotate around the pieces of paper, writing their answers to the questions.

This activity encourages students to engage in self-reflection, gratitude and personal accountability.

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