BACHELOR OF

PSYCHOLOGY*

Study towards Aotearoa New Zealand's only Tohu Paetahi Mātai Hinengaro—Bachelor of Psychology (BPsyc) and help address some of the biggest issues facing the world today. By studying Psychology in Wellington, you'll learn the skills to be part of positive, transformative change from staff who are leading voices in areas such as brain sciences, crime prevention and rehabilitation, cultural psychology, and mental health.

As the place where Aotearoa's decision-making happens, Wellington offers unparalleled access to the workings of government, including the Department of Corrections, the Ministry of Justice, the Ministry of Social Development, and Te Whatu Ora—Health New Zealand. It's the country's science capital, too, with the highest concentration of research institutions anywhere in New Zealand.

The programme is led by staff from Te Kura Mātai Hinengaro—the School of Psychology, which is among the top 150 globally (2023 QS World University Rankings). Our staff are leading researchers of both fundamental and applied psychological science—you'll be taught by people at the top of their game.

The BPsyc will provide you with the skills to work in a variety of fields. Our structured Psychological Science major builds foundational skills and knowledge and introduces you to the key concepts in psychology, allowing you to explore subjects before choosing the areas you'll specialise in.

All core courses incorporate mātauranga Māori, ensuring you boost your competence, cultural awareness, and social responsibility in the context of Te Tiriti o Waitangi. Plus, this internationally recognised major is aligned with the requirements of accredited psychology majors in Australia and the United Kingdom.

Several complementary majors are available within the BPsyc, allowing you to tailor your degree to your interests and career goals. Our majors cover everything from the physiological functions of the brain and its impact on wellbeing to the ways we can use technology and artificial intelligence to understand human behaviour to how people interact with the criminal justice system. If you're interested in becoming a registered psychologist, the degree also offers clear pathways to postgraduate professional qualifications.

As a BPsyc graduate, you'll be a psychologically literate, critical, and creative thinker. Whether you want to continue with postgraduate study or head straight into the workforce, our Bachelor of Psychology will give you the foundation and skills you need to make a real difference.

*Subject to regulatory approval.





CAREER OPPORTUNITIES

The BPsyc will prepare you for a diverse range of careers in fields such as education, government, the health sector, human resources, the justice system, or research. With the alignment of requirements for accredited psychology majors in Australia and the United Kingdom, graduates can expect to have global work opportunities.

POSTGRADUATE STUDY

The degree will help prepare you for further study in a range of fields both within psychology and in adjacent fields such as education and health. If you are interested in becoming a registered psychologist, the BPsyc is the first step on your journey to entry into a clinical training programme.

SCHOOL SUBJECTS

You can enrol in the BPsyc no matter what you studied at school. Some experience with Statistics is recommended, although not required.

DEGREE REQUIREMENTS

Three years of full-time study.

A total of 360 points is required:

- at least 210 points must be for courses at 200 and 300 level
- at least 240 points must be from courses listed in the BPsyc Schedule
- ▶ at least 75 points must be at 300 level.

You must include the Psychological Science major, which contains the following courses:

- PSYC 121, PSYC 122; MAOR 126, STAT 193 (or QUAN 102)
- PSYC 201, PSYC 202, PSYC 221, PSYC 232, PSYC 242
- ▶ PSYC 301, PSYC 302, PSYC 321.

Complementary majors

Alongside the required Psychological Science major, you can also select a second complementary major, which lets you tailor the degree to suit your passions and career goals. These majors are:

- Brain Sciences and Mental Health
- Cognitive Science
- Criminal Justice and Psychology
- Educational Psychology
- Health Psychology
- Māori Psychology (the first major of its kind in Aotearoa)
- Mental Health: Principles and Applications
- Work and Organisational Psychology.



DEGREE EXAMPLE

BPsyc majoring in Psychological Science (core major) and Mental Health: Principles and Applications (complementary major)

YEAR 1		YEAR 2		YEAR 3	
1/3	2/3	1/3	2/3	1/3	2/3
STAT 193	PSYC 122	PSYC 201	PSYC 202	PSYC 301	PSYC 302
15 points	15 points	15 points	15 points	15 points	15 points
PSYC 121	FHSS 107	PSYC 232	PSYC 221	PSYC 327	PSYC 321
15 points	20 points	15 points	15 points	15 points	15 points
HLWB 102	MAOR 126*	EDUC 244	PSYC 242	PSYC 332	PSYC 335*
15 points	20 points	20 points	15 points	15 points	15 points
Elective	Elective	Elective	PSYC 213	Elective	
15 points	15 points	15 points	15 points	15 points	
60 points	70 points	65 points	60 points	60 points	45 points
130 points		125 points		105 points	

^{*}Trimester dates not yet confirmed.

Total points required: 360

Total points completed: 360

Key: Core Complementary major Elective





"Psychology gives you a very holistic view of the human experience—at the neuropsychological level, the cultural level, and the developmental level. At Te Herenga Waka, you get to dip into all of the different experiences that comprise what it means to be human and to have human thought processes and emotions. That's really special."

MAX ABBOTT

Student, Bachelor of Science in Psychology and Science Communication